

**Level 1 Basketball Coaching Course  
Copleston Sports Centre, Copleston School,  
Copleston Rd, Ipswich IP4 5HD  
Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> September  
2010**

**Guidance notes**



**Saturday arrive 9.30am to register  
Course starts at 10.00am, ends at 6.00pm  
Friday 9.00am until 5.00pm**

Cost: £65 with a £25 non returnable deposit to be paid when booking. Please bring remaining payment with you on the first day. If paying by cheque please make payable to Suffolk Coastal District Council. Places are on a first come first served basis

You may be eligible for FULL funding of this course?

Are you over 16?

Not currently receiving full funding for other level 2 course or above eg A levels, NVQ, Degree

Do you work a minimum of 8 hours per week?

If you answered yes to these questions follow the link on the Suffolk Sport website to the East Links funding page and fill in the expression of interest document to request full funding of this course.

<http://www.skillsactive.com/survey/east-links/>

Lunch: There will be a half hour lunch break both days. There are shops close by but probably best to bring a packed lunch.

Dress: Please come dressed in suitable wear, i.e tracksuits and trainers

To bring: There is a course support book, which will be referred to, so please bring a pen.

Booking address for form and deposit

Kathryn James, Basketball Development Co-ordinator

C/O Suffolk Sport, C/O Suffolk Coastal DC, Melton Hill, Woodbridge,

Suffolk IP12 1AU

Mobile 07748 320802